

Here for You. Choose well. Stay safe.

We're open, but please choose well in Wigan Borough

Worried about COVID-19 symptoms?

A high temperature - hot to touch on your chest or back

A new, continuous cough

To protect others, do not go to places like a GP surgery, pharmacy or hospital. Stay at home.

Use the 111 online coronavirus service. Only call 111 if you cannot get help online.

Self-care and Pharmacy

Treat yourself at home visit /health-at-home. Use your medicine cabinet and a first aid kit.

Call or visit your local pharmacy – social Distancing will apply and check opening times

For minor ailments and common symptoms such as diarrhoea or headache

Dental

Call your dentist to arrange a phone consultation. If you don't have one or out of hours contact the Greater Manchester Urgent Dental Care Service on 0333 332 3800

Severe toothache and dental pain

Your GP Practice

You can still call for an appointment. Most GPs will be talking to you over the phone or via video call. They will arrange a face to face appointment if essential. If it's out of hours contact 111. Contact Wigan Borough 24/7 mental health crisis line for all ages :01942 636 395

If you notice an unusual lump or bump, need care for an ongoing illness or concerned about your physical or mental health

NHS 111

For urgent medical help use NHS 111. Use the online service - only call NHS 111 if you are unable to get help online

Feel unwell and don't know where to go?

Call 999 or go immediately to A&E

For a serious injury or life threatening illness



All health services are facing huge demand, so please be patient, be kind to your health professionals but seek help if you need it